## THE TRI COMMUNITIES - REGIONAL SUPPORT

The three communities of the Town of La Ronge, Lac La Ronge Indian Band, and Village of Air Ronge, known as the Tri Communities, have a population of about 7500 people. Our economy is a blend of mining, forestry, retail, and the Tri Communities are a center for northern educational and health services. Support for the Ice Wolves reaches beyond the Tri Communities as well to the whole northern part of Saskatchewan, and every season we book neutral site games in northern communities.

Town of La Ronge Website www.laronge.ca

Lac La Ronge Indian Band Website www.llrib.com

Village of Air Ronge Website www.airronge.ca



For more information, please contact:

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The La Ronge Ice Wolves have been a proud member of the SJHL since 1998. Despite being the newest team in the league, the Wolves already have two championships and have a great track

record of helping players in both their hockey and personal development. Our program is not pay to play, and we provide all billet expenses and reimbursement of tuition upon successful completion of

education programs.

Our players have gone on to NCAA, CIS, and professional hockey after their junior career with the Wolves. Some developed their skills with us and jumped to Major Junior. Other alumni have made their mark in the pro ranks including Dustin Stevenson (SJHL Player of the Year, Playoff MVP 2010, ECHL, AHL); Trent Campbell (ECHL, AHL); and Kris Joyce (SJHL MVP 2016, ECHL).

Our Head Coach and General Manager Kevin Kaminski brings 11 years pro playing experience in the NHL, AHL, and IHL and 14 years pro coaching experience in the AHL, ECHL, and CHL, as well as 5 years junior coaching in the NA3HL and WSHL. He is looking to build our organization into a great place for players to play Junior A Hockey, and advance toward their personal and hockey goals.

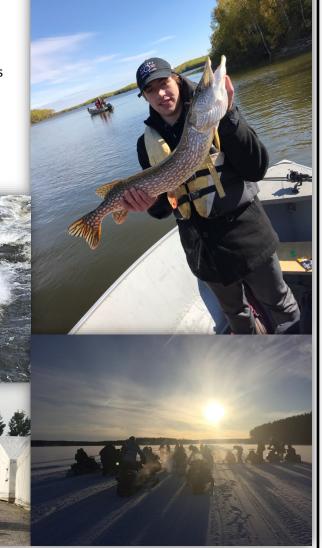
Kevin is joined by Associate Coach and General Manager, Gaelan Patterson who was born in La Ronge and played minor hockey here. Gaelan played for the Saskatoon Blades in Major Junior was drafted by the Calgary Flames and played 8 years of pro hockey in Canada, US, and Europe after his junior career. Completing our Hockey Operations Staff is Athletic Therapist Travis Hegland who was born and raised in La Ronge before embarking on a 20 year military career.



## **NORTHERN LIFESTYLE**

The Ice Wolves are fortunate to play out of the community in the most beautiful setting in the SJHL. La Ronge is on the edge of a major lake, Lac La Ronge, and residents enjoy the magnificent scenery, nature out the back door, and easy access to world class fishing. Dazzling northern lights and otters playing along the misty river are a common sight in the winter. Our players have a unique opportunity to experience a way of life that few get to try.





## **EXCELLENT BILLET FAMILIES**

The team covers players' billet expense and work with the players and our billet families to find the right fit for both. Many of our players over the years have commented on the quality of our billet families who provide an excellent environment for athletic and personal development.

## **DEVELOPMENT & EDUCATION**

The goal of our hockey program is to develop the skills and abilities of players and enable them to reach their full potential in hockey. Our Coaches help the players set individual development goals and help them monitor progress, while contributing to the overall team effort.

Off-ice training and fitness is coordinated by our Athletic Therapist. Individual fitness goals are set, and a program provided. Work out facilities are at the JR Fitness Center, a well-equipped facility that fully supports our elite athletes.

The team has a complete team of professionals that stand by to work with our players to work through muscle strains and injuries. They include our Team Physician, Dr. Sean Groves; Chiropractor, Dr. Dionne Tatlow; and Registered Massage Therapist, Kevin Jackson.

Our players have excellent opportunities for personal development as well. La Ronge is home to Northlands College, the largest regional college in Saskatchewan with over 1600 students, university and trade courses, as well as SAT preparation and sittings. Our outstanding educational development program includes access to post-secondary classes and SAT sittings. The Program is coordinated by Northlands College Student Counsellor Brandi Bell, who is an expert at scheduling an education program that works for individual players' goals, and prepares them for success with a university hockey career.



Our program offers great cross cultural development opportunities. The Ice Wolves work with youth and residents of the Lac La Ronge Indian Band and other communities right across Northern Saskatchewan. For non-Indigenous players, this is an excellent opportunity to learn community service and youth engagement; for Indigenous players, it's a chance to give back. For all players, the biggest reward will be the welcome you will receive when you do community work.